

J. THEODORE

RESTAURANT & BAR

COLD BAR

JAR OF LOBSTER | 22

chopped maine lobster tail | melted garlic butter | grilled bread | lemon

SHRIMP COCKTAIL | 16

jumbo shrimp | garlic aioli | cocktail sauce with a J.Theodore twist

SESAME SEARED AHI TUNA | 18

*ahi tuna | white vinaigrette dressed greens | lemon aioli | served rare

THE START

THE J.THEODORE BOARD | 17

chefs choice of cheese and charcuterie | nuts | olives | honey | seasonal jam | stone ground mustard | baguette | naan

SOCIAL DIPS | 15

raw vegetables | garlic hummus | roasted pepper spread | tzatziki | naan bread

TRUFFLE PARM FRIES | 10

fries | truffle oil | parmesan cheese

CRISPY BRUSSEL SPROUTS | 13

brussel sprouts | garlic aioli | parmesan

BACON & EGGS | 13

candied bacon | deviled eggs

AVOCADO TOAST | 14

fresh avocado | sourdough bread | elote corn | red onion | feta | red pepper (VEG)... add egg for \$1

SWEET CHILI CALAMARI | 14

lightly breaded calamari | sweet chili sauce | grilled lemon

BRIOCHE CHEESEBURGER SLIDERS | 14

three prime beef sliders | cheddar | grilled onions | housemade aioli

FLATBREADS

MARGHERITA | 13

vine-ripe tomatoes | mozzarella | basil | EVOO | sea salt

PORK & FIG | 14

bacon | fig jam | arugula | goat cheese | EVOO

GRILLED CHICKEN PESTO | 14

grilled chicken | olive oil | italian seasoning | basil pesto

SPICY SHRIMP & BACON | 17

sautéed *shrimp | bacon | onion | tomato | red chilies | goat cheese | avocado | garlic aioli

THE PLATES

SIGNATURE CAST IRONS

your choice of housemade reduction: marniere | rouge | provençal

CAST IRON MUSSELS | 20

steamed p.e.i. mussels | garlic | parsley | butter

CAST IRON JUMBO SHRIMP | 25

jumbo shrimp with your choice of house made reduction

+add fries | 5 or truffle parm fries | 8

GRILLED CHICKEN PENNE PESTO PASTA | 21

grilled chicken breast* | penne | tomato | basil pesto | parmesan

SHRIMP DIABLO | 23

spicy sautéed *shrimp | spaghetti | EVOO | minced garlic | parsley | red pepper flakes | lemon butter wine sauce

CHICKEN PAILLARD | 21

chicken breast | white wine lemon caper sauce | mashed potatoes | green beans

STEAK FRITES | 29

NY strip* | red wine pan jus | fries

SOUP

FRENCH ONION | 8

onions | gruyere cheese | garlic | thyme | toasted baguette

SOUP DU JOUR | 8

chef's choice, made in house daily

FROM THE GARDEN

add a protein: steak* + 9 | chicken breast + 6 | shrimp + 8 | seared ahi tuna + 10

THE UPTOWN | 11

spring mix | avocado | tomato | radish | sharp cheddar | crispy shallots | house vinaigrette

COASTAL CAESAR | 11

brussel sprouts | parmesan | rustic croutons | classic caesar dressing

THE JT COBB | 11

romaine | avocado | hard boiled egg | crumbled bleu cheese | bacon | tomato | cucumber | bleu cheese dressing

BLT STEAK* SALAD | 19

prime beef* | mixed greens | avocado | bacon | tomato | almonds | chili vinaigrette | horseradish cream

HANDHELDS

GRILLED PORTOBELLO TACOS | 14

portobello mushroom | zucchini | guacamole | queso blanco (VEG,GF)

SPICY SHRIMP TACOS | 16

shrimp* | cilantro lime slaw

CHICKEN STREET TACOS | 13

chicken breast* | cilantro | onion | lime | house made salsa

STEAK STREET TACOS | 14

prime beef* | cilantro | onion | lime | house made salsa

SWEET CHILI FRIED CHICKEN SANDWICH | 17

southern fried chicken | crisp coleslaw | lettuce | tomato | white cheddar | sweet chili sauce

WAGYU BURGER - FRENCH, AMERICAN | 15

1/2 Lb. *wagyu beef | served with fries

FRENCH: gruyere | mushrooms | garlic aioli

AMERICAN: cheddar | lettuce | tomato | onion | pickles on the side

SANDWICHES

GRILLED CHICKEN PESTO | 14

grilled chicken | balsamic tomato | baby field greens | french roll

CHICKEN PITA | 13

grilled chicken | Tomato | Grilled Onion | aioli

CROQUE MONSIEUR | 14

pan grilled french bread | honey ham | gruyere | béchamel sauce | pommes frites (madame - add cooked egg \$1)

THE BLT | 12

bacon | lettuce | tomato | cheddar cheese | aioli | wheat berry toast

VEGETARIAN | 13

roasted red pepper | mushroom | tomato | onion | avocado | baby field greens | provolone | garlic aioli | rosemary tomato roll

CHICKEN PECAN SALAD | 12

grilled chicken | baby field greens | Pecan | Tomato | wheat berry toast

HOT SMITHFIELD HONEY HAM & CHEDDAR | 13

honey ham | cheddar | baby field greens | onion | balsamic tomato | garlic aioli

TURKEY CLUB | 13

turkey | bacon | avocado | tomato | garlic aioli | cheddar | croissant

Please let us know if you have any allergies. Some of our menu items contain nuts, dairy or gluten

*These items may be served raw or undercooked, or contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

18% Gratuity will be added to groups of 8 or larger
Split Charge \$5